



CASA

Figure Skating

Coaching Alliance of South America

NEWSLETTER N° 1

September 2023

WHO WE ARE ?

ISU Visiting Coach
Project Coordinator



Christine Krall
-USA-

Designer and coach



Rocio Bodnar
- ARG -

South America Coaches
Representatives of **CASA**



Yelyzaveta Omelchenko
- ARG -



Diego Robles
- ECU -



Karla Barrientos
- CHI -



Eduardo Garcia
- BRA -

CASA'S MISSION

To **be the informational "home" of South American figure skating coaches**, in other words, a means of collaborative assistance for those who need various resources in our Olympic discipline.

FIRST GOALS

To **get all the pertinent information to all the coaches in South America. This newsletter is the means for that.**

By creating a constant flow of information we will facilitate transparency, as well as the inclusion and independence of coaches in order to **generate a real change in the culture of this sport in the region.**



MAIN DIRECTIONS OF OUR WORK

Since **December 11, 2022, the project start date, the team met three times:** February 5, March 5 and March 26, 2023. Due to the large amount of topics discussed, the following coaches will be heading up certain areas of interest:

- **Yelyzaveta Omelchenko:** communications;
- **Diego Hernan Robles:** training equipment;
- **Eduardo Garcia:** training systems;
- **Karla Barrientos:** choreographers, skating skills experts and introduction to coaching role.

CLICKEÁ EN LAS SECCIONES POR + INFO

[1 - COMMUNICATIONS](#)

[2 - EQUIPMENT](#)

[3 - TRAINING SYSTEMS](#)

[4 - CHOREOGRAPHERS AND INTRO TO COACHING](#)

[5 - COACHING & ATHLETE CAMP -
GRAMADO, BRASIL 2023](#)

[6 - ISU VISITING COACH ARGENTINA 2023](#)

To be part of CASA and be able to contribute to this newsletter

[PLEASE COMPLETE THIS FORM](#)

DONT FORGET TO SHARE THIS WITH ANOTHER COACHES



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